While suicide can be an uncomfortable topic, the reality is that it can touch anyone’s life. When it does, the impact is profound. Talking candidly can bring greater understanding, as well as give you the tools you might need to help someone who is struggling. In this seminar, you’ll learn the facts about suicide and what could put someone at risk. In addition, you’ll learn steps you could take and words you might use if you think someone may be considering suicide.

Wednesday, September 9, 2020
2 pm ET / 1 pm CT / 11 am PT

Log in to register for this seminar at: www.Cigna.com/EAPWebcasts

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